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[www.readymeal.co.za](http://www.readymeal.co.za)

## COOKED MEALS

### Nov-24

Monday	Tuesday	Wednesday	Thursday	Friday
				1 November 2024
				<b>Eisbein cuts</b>
				Fried Potato with onion & herbs Coleslaw Gems with cinnamon sugar
4 November 2024	5 November 2024	6 November 2024	7 November 2024	8 November 2024
<b>Bobotie</b>	<b>Roast Chicken</b>	<b>Beef Potjie with vegetables</b>	<b>Pork Chops</b>	<b>Chicken a La King</b>
Yellow rice Sweet traditional pumpkin Beans, onion & potato	Couscous & peppers Baked Butternut Creamed Spinach <i> pudding</i>	Maize Rice Garden Salad	Potato Wedges Broccoli & Cauliflower in white sauce Corn on the cob	Fettucine Sweet Peas Carrot, onion & potato
11 November 2024	12 November 2024	13 November 2024	14 November 2024	15 November 2024
<b>Biltong Mac n Cheese</b>	<b>Meatballs</b>	<b>Malay Chicken Curry</b>	<b>Boloroni</b>	<b>Battered Hake</b>
Spinach, onion & potato Custard Carrots	Brown Rice French beans Baked Beetroot	Basmati Rice Tomato & Onion Sambal Braised Cabbage <i> pudding</i>	Pea salad Julienne Carrots	Tastic Rice Creamed spinach Caramelised Butternut
18 November 2024	19 November 2024	20 November 2024	21 November 2024	22 November 2024
<b>Pork Roast</b>	<b>Chicken &amp; Spinach Quiche</b>	<b>Spaghetti Bolognese</b>	<b>Chicken Schnitzel</b>	<b>Ham &amp; Mushroom Alfredo</b>
Baby Potatoes Garden veg in white sauce Green salad	Breadroll Gems with sweetcorn & Cheese	Carrot, onion & potato Garlic Beans	Herbed Mash potato Chickpea salad Mushroom sauce <i> pudding</i>	Babymarrow wheels Pumpkin bake
25 November 2024	26 November 2024	27 November 2024	28 November 2024	29 November 2024
<b>Cornish Pie</b>	<b>Chicken Lasagne</b>	<b>Boerewors</b>	<b>Chicken Biryani</b>	<b>Sweet &amp; Sour Pork</b>
Three bean salad Pumpkin tartlets	Roast veg Copper Penny salad	Pap & Sauce Butternut, Beetroot & Feta salad	Spinach & Feta tart Pineapple & carrot salad	Egg Noodles Stirfry Vegetables <i> pudding</i>

### Standard Plate R82- Jumbo Plate R115 -Small Plate R61

Order before 15:00 the previous working day

\* We will do our utmost to keep to the above menu but reserve the right to change certain items should we need to.

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